BEHAVIORAL HEALTH REDESIGN WORKGROUP MEETING

NOVEMBER 27TH, 2018

EUGENE S. FARLEY, JR.
HEALTH POLICY CENTER

Virginia Department of
Behavioral Health &
Developmental Services

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Welcome and Agenda Review

Workgroup Meeting 3

- Agenda Review (10:30-10:35)
  - *Dr. Alyssa Ward*
- Parking Lot Follow Up (10:35-10:45)
  - *Dr. Alexis Aplasca*
- Stakeholder Survey Summary(10:45-11:45)
  - *Farley Center team*
- Break (11:45-11:55)
- The Path Forward (11:55-12:15)
  - *Dr. Alyssa Ward & Dr. Alexis Aplasca*
- Parking Lot Review (12:15-12:30)
  - *Dr. Alexis Aplasca & Dr. Alyssa Ward*

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Welcome to new attendees!

Please stand if you are new to the group

Bright Spots Recognition

# Purpose of the Workgroup: *In Review*

What brings us here today?

- To <u>*maintain*</u> a venue for open communication regarding systems redesign

- To strengthen our collective, collaborative partnership as these will be central to the success of redesign
  - Respond to questions and comments submitted
  - Review your feedback & comments from gaps activity
  - Discuss strengths of current system

- To share information on our current work and intentions over the coming months
  - Stakeholder survey draft details / timeline

Parking Lot Process

Establishing Workgroup Culture

- Please use post its to make comments or ask questions during the meeting

- It is your choice as to whether you identify yourself on the post it

- We will visit the parking lot at the end of the meeting; items we cannot respond to today will inform future meeting agendas and/or personal follow up
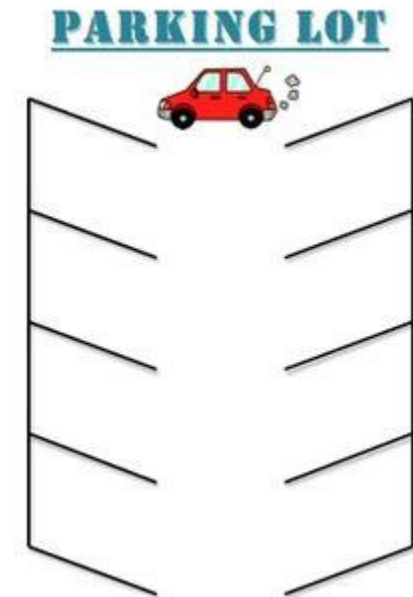
STAKEHOLDER SURVEY INFORMATION

Collecting voices from across the Commonwealth

Stakeholder Survey

- The following slides represent _preliminary analysis_ of this data. Further analysis of full qualitative data will be represented in the stakeholder report.

- Survey development

- Distribution

- Analysis

- Preliminary findings

- Next steps

Survey Development & Distribution

- **Purpose of this survey**: To collect perspectives on the development of a continuum of evidence-based, trauma-informed, and prevention-focused Medicaid community mental health services in Virginia.
  - Based on the current array of Medicaid funded services

- **Distribution**:
  - Initially BHRW members and essential partners
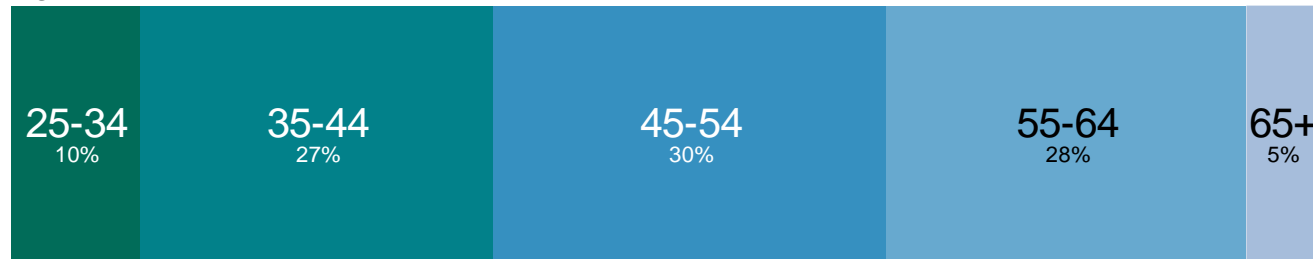 - Redistributed internally to relevant team members

Methodology

- Mixed methods
- Descriptive statistics
- Editing analysis style
  - Editing style of coding to generate codes as they emerge from the data.
  - Segmented according to domains.
  - Codes organized within each domain.
  - Review code list with team, final code/review.
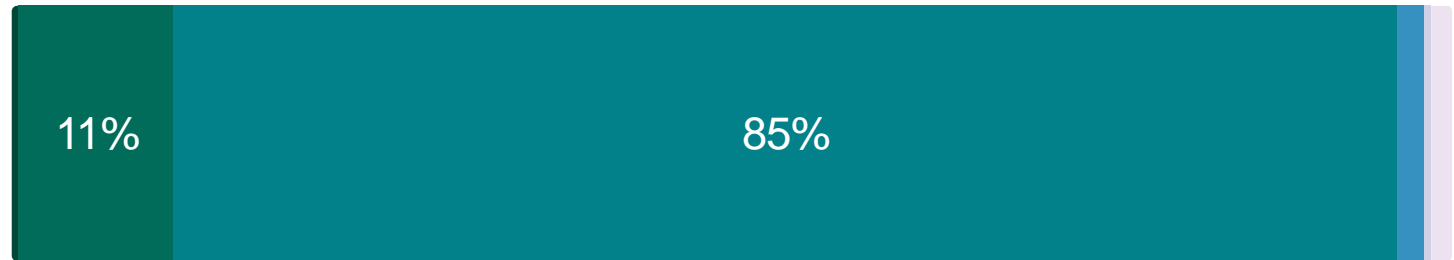 - Summarizing major thematic constructs.

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Profile of survey respondents

n=203

Age:

25-34	35-44	45-54	55-64	65+
10%	27%	30%	28%	5%

75%
female

Race/ethnicity:

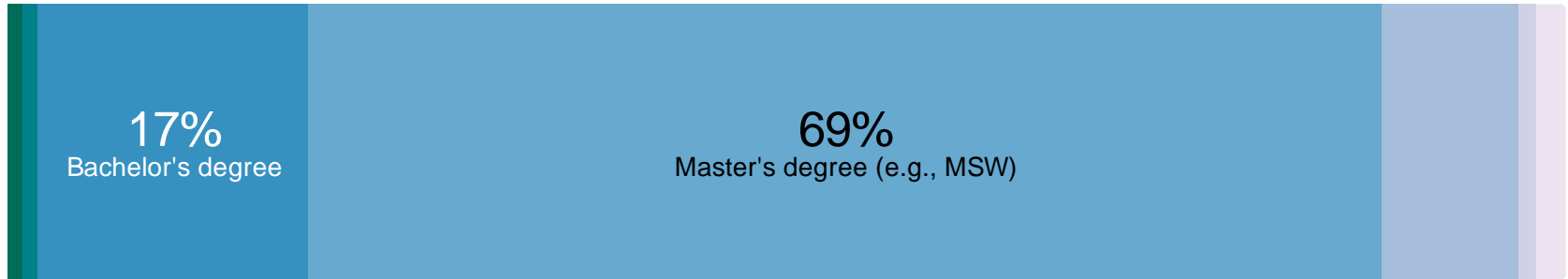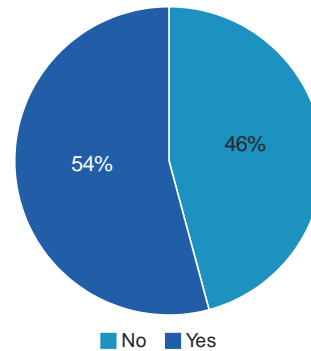| 11%	85%		

■ Asian or Pacific Islander [0%] ■ Black/African American [11%] ■ Caucasian [85%] ■ Hispanic/Latino(a) [2%] ■ Native American [0%]
■ Middle Eastern [0%] ■ Biracial or multiracial [0%] ■ Other [1%]

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Education level:

17%
Bachelor's degree

69%
Master's degree (e.g., MSW)

■ Did not graduate high school [0%] ■ Received high school diploma/GED [1%] ■ Associate's degree [1%] ■ Bachelor's degree [17%]
■ Master's degree (e.g., MSW) [69%] ■ Doctoral degree (e.g., PhD, PsyD) [9%] ■ Medical degree (e.g., MD) [1%] ■ Other [2%]

Currently licensed

54%

46%

■ No ■ Yes

Current role/position:

Role	Percentage
CEO	7%
CFO or Director of Finance	1%
Executive Director	17%
Director (Operations, Clinical, etc.)	32%
Manager	11%
Coordinator	7%
Administrator	7%
Other, please specify:	17%
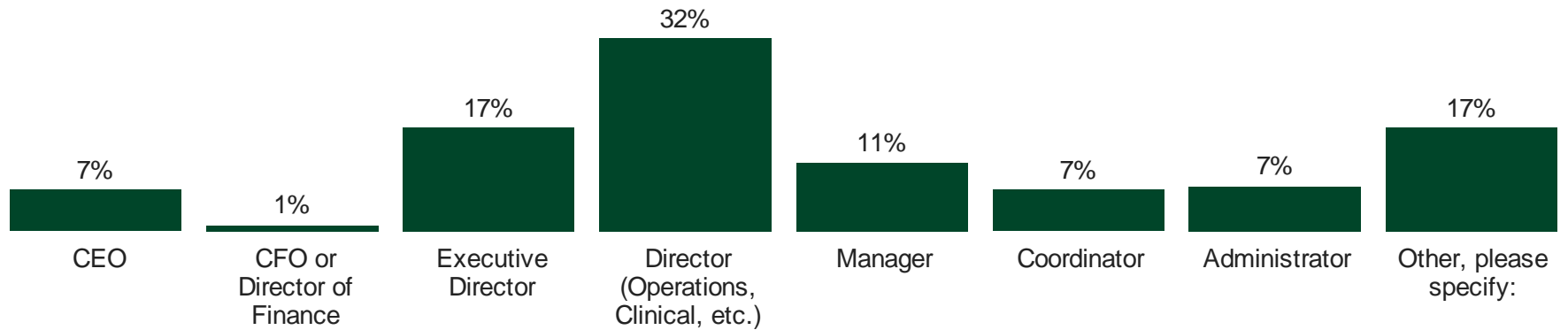
How many years have you been involved in behavioral health work?

Less than 2 years	2-5	6-10	11-20	21+
1%	6%	19%	29%	45%
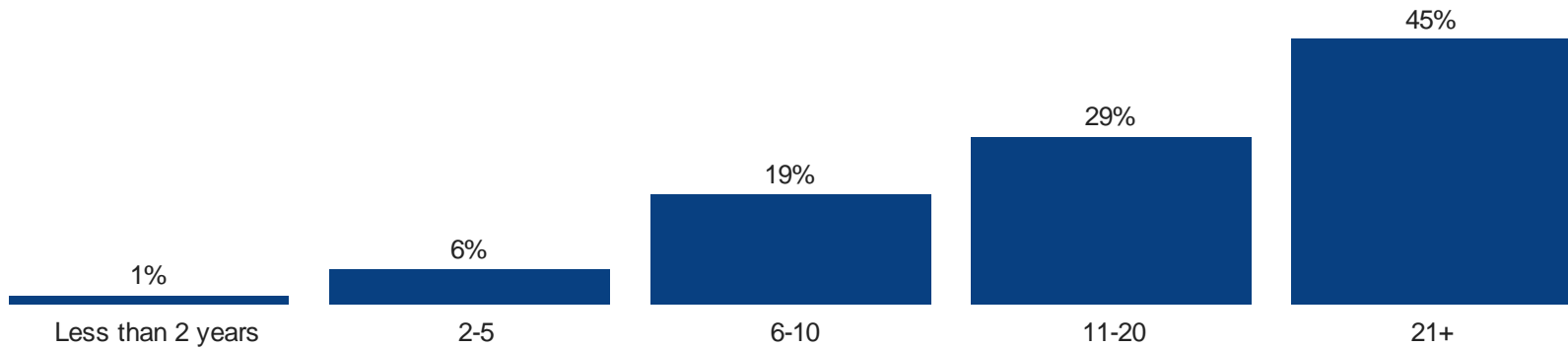
How many years have you been working in your current role/position?

Less than 2 years	2-5	6-10	11-20	21+
17%	37%	23%	18%	4%

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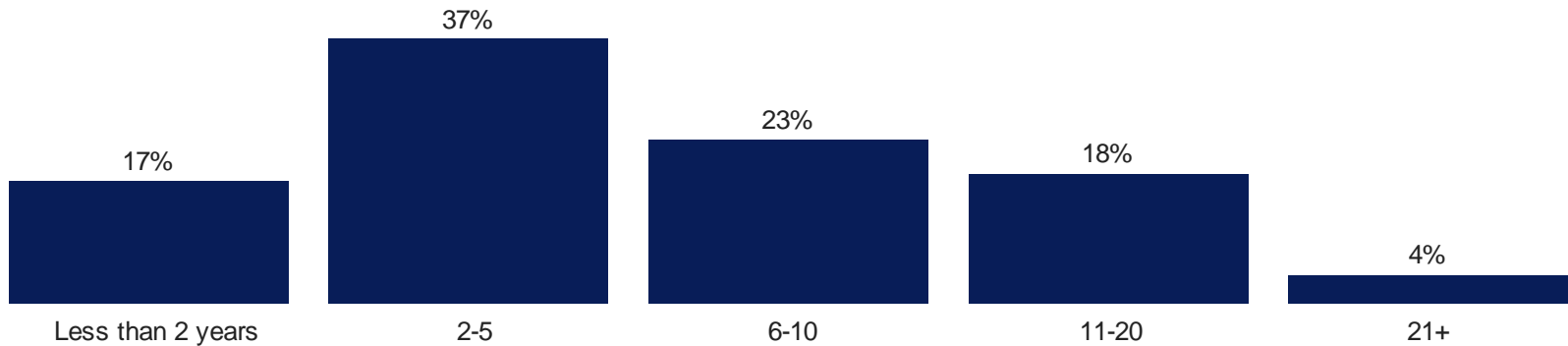
Organizations represented

16th Court Service Unit
2nd District Court Service Unit
6th District Court Service Unit, Virginia Department of Juvenile Justice
Accomack County Department of Social Services
AES
Applied Behavior Consulting
Augusta Health
BASICS ABA Therapy
Behavioral Momentum

Deparment of Juvenile Justice, Juvenile Probation
Department of Social Services
Department of Social Services - Children's Services Administration
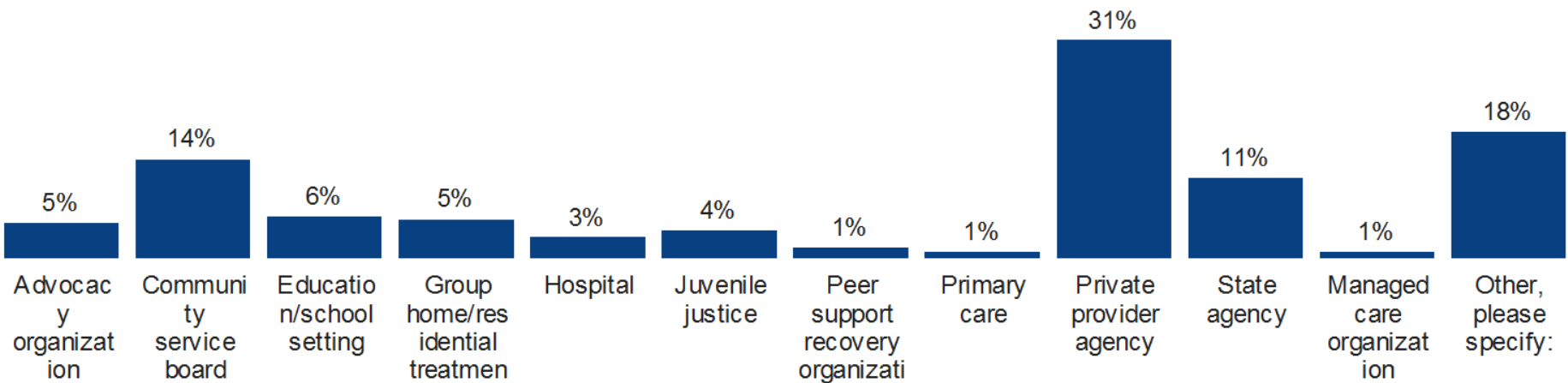DePaul Community Resources
Dept. of Juvenile Justice
Dickenson County Behavioral Health Services
Dinwiddie County Dept. of Children's Services
District 19 Community Services Board Child and Adolescent Services Division

INOVA Kellar Center PHP and IOP
Intercept Youth Services, ABA Services
Jackson-Feild Behavioral Health Services
King George County Public Schools
Liberty Point Behavioral Healthcare
LIFES Academy
Lifeworks Outreach Services, Inc. dba Family Teamwork, Inc.
McNulty Center for Children and Families of the Harrisonburg-Rockingham CSB
Mea'Alofa Autism Support Center

PWC CSB
Rappahannock Area Community Services Board
ReadyKids
Recognizing Children's Gifts Behavioral Health Network
Richmond Department of Social Services
River City Comprehensive Counseling Services
Russell County Children's Services Office(CSA)/Department of Social Services
Snowflakes ABA, LLC
Social Services
Southside CSB
Specialized Youth Services of Virginia
Spectrum Transformation Group

Bar chart values:
- Advocacy organization: 5%
- Community service board: 14%
- Education/school setting: 6%
- Group home/residential treatmen: 5%
- Hospital: 3%
- Juvenile justice: 4%
- Peer support recovery organizati: 1%
- Primary care: 1%
- Private provider agency: 31%
- State agency: 11%
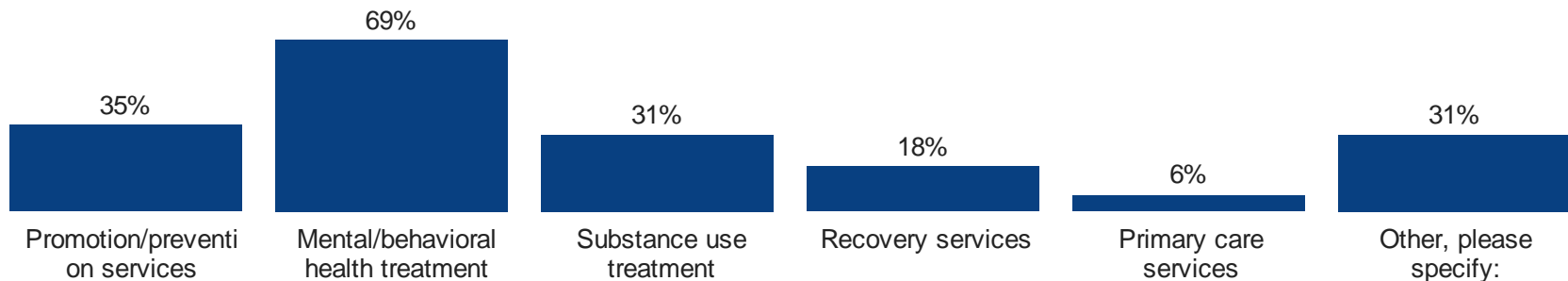- Managed care organization: 1%
- Other, please specify: 18%

Crossroads Counseling Centers, Inc.
CSA
CSB
Culpeper County Dept of Social Services
Culpeper Human Services
Danville Social Services/CSA Program
Department Juvenile Justice
Department of Health
Department of Juvenile Justice, 30th District Court Service Unit

Hanover County - CSA
Harbor Point Behavioral Health Center
Harrisonburg Rockingham Community Services Board
HMDSS
HopeTree
HopeTree Family Services Treatment Foster Care
Horizon Behavioral Health
Inova Behavioral Health
Inova Kellar Center

Premier Therapeutic Foster Care, Inc., Premier Family Counseling Center, Inc.
Pressley Ridge
Prince Edward County
Prince William Community Services
Prince William Community Services Board - Adult MH Services
Prince William County Community Services
Principled Behavior Consultants LLC
Private practice/ no Agency

Virginia Department of Juvenile Justice - Community Programs Division
Virginia Department of Social Services - Division of Family Services
Virginia Department of Social Services - Head Start Collaboration Office
VOCAL, Virginia Organization of Consumers Asserting Leadership
Voices for Virginia's Children
WeCare, Inc.
York Poquoson DSS
York Poquoson DSS-CSA program
Youth Solutions, Inc. dba Infinity Counseling Group

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What are the primary behavioral health services your organization provides? (select all that apply)

Promotion/prevention services: 35%
Mental/behavioral health treatment: 69%
Substance use treatment: 31%
Recovery services: 18%
Primary care services: 6%
Other, please specify: 31%

What are the primary populations your organization serves?

Children: 80%
Adolescents: 75%
Adults: 52%
Older adults: 20%

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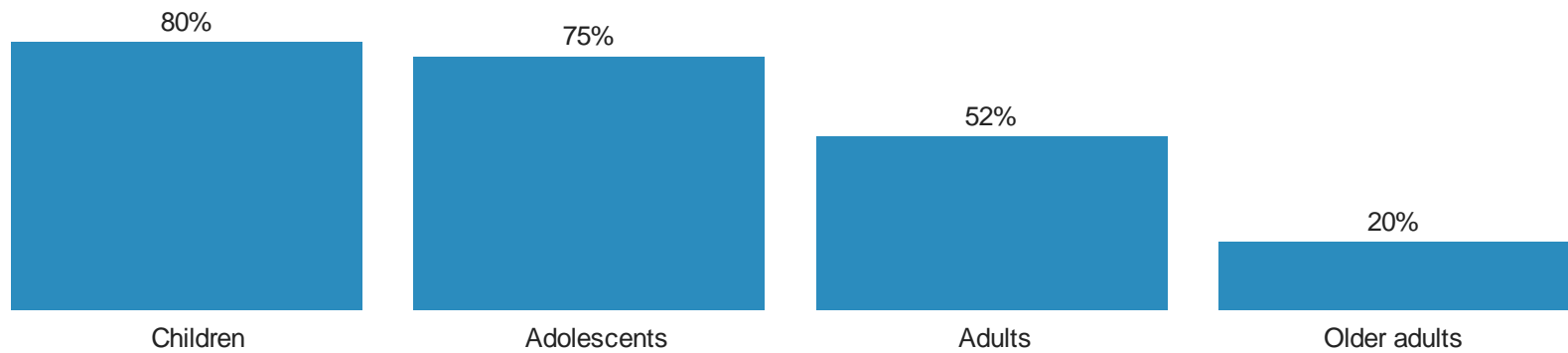
Services currently reimbursed through Medicaid funding:

1. Promotion/Prevention/Early Intervention Services

	Service Type
Promotion, Prevention and Early Intervention	Behavioral Health Screening
	Early Intervention Part C
	Screening, Brief Intervention and Referral to Treatment (SBIRT)
	EPSDT Early Childhood Services

2. Treatment Services

	Service Type
Case management	GAP Case Management
	MH Case Management
	Treatment Foster Care Case Management
Outpatient Services	Psychological Testing
	Individual Outpatient Psychotherapy
	Group Therapy
	Family Therapy
	Psychiatric Services
	Primary Care Services
	EPSDT Personal Care Services
Community Mental Health	Psychosocial Rehabilitation
	Therapeutic Day Treatment
	Mental Health Skill Building
	Intensive Community Treatment
	Intensive In Home
	Crisis Intervention
	Crisis Stabilization
	Day Treatment / Partial Hospitalization
	Behavioral Therapy
	Regional Educational Assessment Crisis Response and Habilitation (REACH) Services
	PACT Services
	Psychosocial Rehabilitation
Inpatient Services	Hospital Evaluation/Management
	Inpatient Hospitalization
	Psychiatric Residential Treatment
	Therapeutic Group Home
	EPSDT Services: Residential, Group Home, 1:1

3. Recovery Services

	Service Type
Recovery	Mental Health Peer Supports
	Family Support Partners

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Does the array of currently Medicaid-funded services meet the mental/behavioral health needs in Virginia?

	n	Yes, just fine as categorized	Yes, but services need redesign	No, current array does not meet need	Don't know or have enough info to respond
Promotion & Prevention	108	16%	19%	47%	18%
Treatment	142	20%	38%	36%	6%
Recovery	54	31%	20%	43%	6%

Can you identify the services your organization provides within this array of services?

	n	Yes, our services are captured here	Yes, but services/ categorization needs redesign	No, not at all	Don't know or have enough info to respond
Promotion & Prevention	100	44%	13%	27%	16%
Treatment	135	62%	17%	13%	7%
Recovery	54	52%	15%	26%	7%

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Are there service types in this array of that are duplicative or that should be removed?

	n	No, none are duplicative	Yes, there are duplicative services to reconsider including	Don't know or have enough info to respond
Promotion & Prevention	100	44%	13%	16%
Treatment	132	63%	6%	31%
Recovery	54	89%	4%	7%

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Are there services types in this array that those you serve have trouble accessing?

	n	No, services are available and accessible	Depends, services are not uniformly available	Yes, there are consistently access problems	Don't know or have enough info to respond
Promotion & Prevention	95	18%	33%	26%	23%
Treatment	131	10%	33%	46%	11%
Recovery	54	24%	30%	37%	9%

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Does Virginia have proficient workforce to provide this array of services?

	n	Yes, proficient workforce currently provides these services	Yes, proficient workforce exists, but needs redesign	No, there are significant workforce challenges to providing these services	Don't know or have enough info to respond
Promotion & Prevention	95	6%	11%	57%	26%
Treatment	129	6%	12%	75%	7%
Recovery	54	20%	9%	52%	19%

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Do the clinicians providing the services within this array have the appropriate licensure to meet the mental/behavioral health needs of Virginia?

	n	Yes, clinicians have the right licensure to provide these services	Yes, in some cases, but needs redesign	No, there are licensure gaps in providing these services	Don't know or have enough info to respond
Promotion & Prevention	95	42%	17%	12%	29%
Treatment	128	52%	24%	9%	16%
Recovery	54	44%	11%	13%	32%

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Emerging Themes

- **Access**
  - **Bright Spots:**
  - STEP VA
  - Telehealth
  - High fidelity wrap around

  - **Needs:**
  - Psychiatry
  - Children age 3-5
  - Community based services
  - Preventive Services
  - Decrease variability across regions
  - Collaboration with primary care

- **Workforce**
  - **Bright Spots**
  - CSB positions – Detention facilities, court service units
  - Peer support

  - **Needs:**
  - Need more licensed professionals
  - Recruitment
  - Training programs
  - Equitable pay

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Emerging Themes cont.

- **Funding**
  - **Bright Spots:**
  - BHRW
  - General fund/legislative support
  - STEP VA
  - PACT

  - **Needs:**
  - Redesign of reimbursement rates
  - Inadequate funding for mental health
  - Some EBP not reimbursed
  - PACT expansion

- **Regulation**
  - **Bright spots:**
  - STEP VA
  - DJJ Programs
  - Mental Health Parity

  - **Needs:**
  - Licensure reciprocity
  - Slow credentialing
  - System alignment
  - Accountability

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Emerging Themes cont.

- **<u>Communication</u>**
  - **Bright Spots:**
  - BHRW
  - Survey Process
  - Awakening amongst providers for need to collaborate to improve outcomes

  - **Needs:**
  - Improved community linkages
  - Need for clear communication from regulatory entities
  - Consistency across system

- **<u>Awareness</u>**
  - **Bright Spots:**
  - Sense of increased public awareness around behavioral health
  - Appreciation from stakeholders – awareness from DMAS/DBHDS that input critical

  - **Needs:**
  - Continue to advocate

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Intersecting Themes

- Emerging themes are highly interdependent.

  - Workforce/Access
  - Access/Regulation
  - Funding/Workforce
  - Workforce/Regulation
  - Regulation/Communication

Plan for Stakeholder Report

- Present findings/themes by domain in the service array:

  - Prevention/Promotion/Early Intervention

  - Treatment

  - Recovery

OUR PATH FORWARD

Stakeholder Workgroup Planning

Immediate plans

- December 2018
  - Previously planned meeting for 12/18 will be cancelled
  - Farley center deliverables will be finalized
  - Focus for our inter-agency team will be on supporting finalization of the deliverables, preparation for General Assembly, and preliminary implementation planning

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- January
  - 1/7/18: Next Workgroup Meeting
    - Presentation of proposed continuum
    - Sharing of stakeholder survey comprehensive results
    - Workgroup evolution planning
  - General Assembly begins

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Parking Lot Process